REDLANDS MIDDLE SCHOOL

October 2017

Jory Sorensen, Principal | Timothy Fifer, Assistant Principal | Carrie Euler, Secretary | Mary Jacobs-Bachtell, Secretary

A MESSAGE FROM THE PRINCIPAL:

Dear RMS Parents and Community,

Our school is in full swing and our students and staff are working hard each day. We appreciate all of the support you give to our school. During last week's school accountability meeting, it was discussed that some parents may not know the variety of extracurricular activities that are available to our students. We of course want as many of our kids to be involved as possible. I'd like to clearly explain the different opportunities that your child can choose to be part of:

Activity	Description	Date
Student Senate	Student Government focused on service and improving RMS. Grades 6-8	All Year - This group is set for this year, however applications will become available in the Spring.
Eagle Flight CREW	School Spirit and assemblies, this group also helps facilitate Advisory one day each week. Grade 7-8	All Year - This group is set for this year, however applications will become available in the Spring.
Principal Council	Provide information about school life and suggested improvements to RMS. Grade 8.	Invitations for this group go out in the Spring.
NJHS	National Junior Honors Society is recognition for students who demonstrate academic excellence. Grade 7-8.	Students who have earned a 3.7 cumulative GPA receive an invitation the following Fall.
School Sports	Volleyball: August 21 - October 7 Boys Basketball: October 9 - Nov 18 Girls Basketball: Nov 27 - Jan 27 Wrestling: Jan 29 - March 8 Track: March 19 - May 1	School Sports are open to all 7th & 8th graders. More information can be found on the district website.
Spanish Club	Open to any 6-8 grader. Parent Meeting on 9/27.	October 18 - December 13; Wednesdays 3:00 - 4:15.
Climbing Club	Open to 6-8 Graders. Learn to safely climb in the RMS Gym.	Mondays 3:00 - 4:00 pm October - March.
Yearbook Club	Work with other peers to develop our school yearbook.	Membership by application. Meeting during school hours.
Hawaii Trip	Travel with RMS teachers on this School Sponsored Trip to learn about the big island of Hawaii and a bit about yourself.	Trip occurs immediately after school ends. 8th graders only.
Student Trips	Variety of non-school sponsored trips to destinations such as Washington DC, New York, Europe, and rafting the Colorado River. Open to grades 7-8 depending upon the trip.	Contact our main office for information on who you should contact for more information.
Lego League Robotics Club	Open to any 6-8 Grader. https://www.youtube.com/watch?v=IMuE4PKosys&feature=youtu.be	August - January; every Wednesday 5:30 - 7:00 pm. Still able to join

Please encourage your child to get involved in something outside of his/her normal class routine. Research and experience has taught us that those students who are more involved are more likely to enjoy their schooling experience and ultimately more likely to be successful. Please contact me if you have any questions.

Sincerely,

Jory Sorensen, Principal

IMPORTANT DATES AND EVENTS:

Name	Date	Time	Location
GIRLS VOLLEYBALL	OCTOBER 2	3:45PM	7TH GRADE @RMS 8TH GRADE @EAST MS
8TH GRADE BAND CLINIC/CONCERT	OCTOBER 2	7:00PM	GJHS
6TH/7TH GRADE BAND CONCERT	OCTOBER 4	7:00PM	RMS GYM
CHIK-FIL-A FUNDRAISER	OCTOBER 5	5:00-7:00PM	CHIK-FIL-A
VOLLEYBALL TOURNAMENT	OCTOBER 6-7	TBD	TBD
BOYS BASKETBALL BEGINS	OCTOBER 9	TBD	RMS GYM
7TH/8TH GRADE CHOIR CONCERT	OCTOBER 11	7:00PM	RMS GYM
6TH/7TH/8TH GRADE ORCHESTRA CONCERT	OCTOBER 12	7:00PM	RMS GYM
CORE 8-2 FIELD TRIP	OCTOBER 12	ALL DAY	CAMP CEDAREDGE
END OF 1ST QUARTER	OCTOBER 13		
NO SCHOOL-TEACHER WORKDAY	OCTOBER 16		
PICTURE RE-TAKES	OCTOBER 18	7:45AM	RMS
NO SCHOOL-CONFERENCES	OCTOBER 26	7:00AM-7:00PM	RMS
NO SCHOOL	OCTOBER 27		

FROM THE OFFICE:

An early pick up reminder:

In an effort to cut down on classroom interruptions we are asking you to please send a note with your student if you are planning to pick them up early. *The note should state the time you want your student at the office*. Our goal is to prevent an overhead announcement into the classroom thus causing an interruption. We realize that sometimes this is not practical, and in this case, the office would appreciate a phone call as early as possible so that we can send a note for you.

Thank you for helping us reduce classroom interruptions.

REDLANDS MIDDLE SCHOOL GEAR FOR SALE

Stop by the office to purchase Redlands gear!

REDLANDS MIDDLE SCHOOL BANDS

2017-2018 CONCERT PERFORMANCE SCHEDULE

Thursday, October 19 – Western Slope Marching Band State Qualifier Field Trip
2:00pm – 5:00pm, Stoker Stadium, OPTIONAL for interested 7th and 8th Graders only

Friday/Saturday November 17 and 18 – CBA Select Band (selected 8th Grade students only)
Grand Junction High School

Monday, December 11 – all Bands Winter Concert – 6th Grade Band, 7th Grade Band, 8th Grade Band
7:00PM, RMS Gym

Friday, December 22 – 8th Grade Band (with 8th Grade Orchestra and Choir)
All School Assembly, performance during the school day

Thursday, February 8 – 7th Grade Band and 7th Grade Ensemble Concert
7:00PM, RMS Gym

Friday and Saturday, February 9 and 10 – Band Solo and Ensemble Festival
Friday 4:00-8:00pm, Saturday 8:00am-4:00pm, Grand Mesa MS

Thursday, March 1 – 6th Grade Band Concert (with 6th Grade Orchestra and Choir)
7:00pm – RMS Gym

Thursday, March 8 – Fruita Cluster Jazz Jam – 7th Grade Jazz and 8th Grade Jazz
7:00pm, Fruita Middle School Auditorium

Middle School Jazz Showcase – 8th Grade Jazz Band only
7:00pm, Palisade High School

Thursday, April 12 7th Grade Band, 8th Grade Band, 8th Grade Jazz Band Pre-Festival Concert
7:00PM, RMS Gym

Thursday and Friday April 19 and 20 - Colorado West Music Festival
Times TBA (during school day) 7th Grade and 8th Grade Bands, 8th Grade Jazz Band

Monday, April 30 – CMU Jazz Festival
Times TBA (during school day) – Jazz Band only

Monday, May 21 – Spring Pops Band Concert
7:00PM, RMS Gym – all band students

REDLANDS MIDDLE SCHOOL CHOIR AND ORCHESTRA

2017-2018 CONCERT PERFORMANCE SCHEDULE

6th Grade Choir

Date	Event	Time	Place
Wednesday, February 21, 2018	6th Grade Band, Choir, and Orchestra Concert	7:00	RMS Gym
Friday and Saturday, February 23rd and 24th, 2018	*Solo/ Ensemble*	*Scheduled Individually TBA*	*Grand Mesa Middle School*
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

7th and 8th Grade Choir

Date	Event	Time	Place
Wednesday, October 11, 2017	Fall Choir Concert	7:00	RMS Gym
Wednesday, December 13, 2017	Holiday Concert	7:00	RMS Gym
Friday and Saturday, February 23rd and 24th, 2018	*Solo/ Ensemble*	*Scheduled Individually TBA*	*Grand Mesa Middle School*
Monday, April 16, 2018	Pre-Festival Concert	7:00	RMS Gym
April 18, 19, and 20, 2018 TBA	Colorado West Festival	TBA	Colorado Mesa University
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

6th Grade Orchestra

Date	Event	Time	Place
Thursday, October 12, 2017	Fall Concert	7:00	RMS Gym
Wednesday, December 13, 2017	Holiday Concert	7:00	RMS Gym
Wednesday, February 21, 2018	6th Grade Band, Choir, and Orchestra Concert	7:00	RMS Gym
Friday and Saturday, February 23rd and 24th, 2018	*Solo/ Ensemble*	*Scheduled Individually TBA*	*Grand Mesa Middle School*

Thursday, April 26, 2018	6th Grade String Clinic	?	Grand Junction High School?
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

7th and 8th Grade Orchestra

Date	Event	Time	Place
Thursday, October 12, 2017	Fall Choir Concert	7:00	RMS Gym
	Honor Orchestra		
Wednesday, December 13, 2017	Holiday Concert	7:00	RMS Gym
Tuesday, January 30, 2018	Combined Fruita and Redlands Concert	7:00	Fruita Middle School Auditorium
Friday and Saturday, February 23rd and 24th, 2018	*Solo/ Ensemble*	*Scheduled Individually TBA*	*Grand Mesa Middle School*
Monday, April 16, 2018	Pre-Festival Concert	7:00	RMS Gym
April 18, 19, and 20, 2018 TBA	Colorado West Festival	TBA	Palisade High School
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

COUNSELOR'S CORNER

COUNSELING GROUPS

Counseling groups will begin in October. We will be doing Grief Groups, Changing Family Groups, Social Skills Groups, and Students with Incarcerated Family Members, among others. In some of the groups, we will request or recommend that students attend. In other groups, students may self-refer or parents may request that their child be included. If your child is struggling with an issue listed above or another challenge not listed, please communicate with us. Groups allow the counseling program to reach more students, as well as to connect students with peers who are struggling in similar ways.

If you are interested in having your child participate in a group- let us know! Please contact counseling via phone or e-mail if you are interested in your child attending. Students are grouped according to grade level as much as possible. All groups are offered during the school day, during lunch or electives.

Thank you for sharing your children with us!

Gwen Eller- School Counselor- 6th grade, 7th grade last names A-L
254-7000 ext. 39121
Gwen.Eller@d51schools.org

Shan Mixon- School Counselor- 7th grade last names M-Z, 8th grade
254-7000 ext. 39122
Shan.Mixon@d51schools.org

Maribeth Flanagan- Behavior Therapist- at RMS Mondays and Thursdays
254-7000 ext. 39177
maribeth.flanagan@d51schools.org

NAVIANCE-

Naviance is a new tool to which all 8th grade students now have access. The link below is available so that parents and students can view the student's goals, inventories, and career supports in this program.

https://www.google.com/search?safe=active&q=rms+homepage&sourceid=ie7&rls=com.microsoft:en-US:IE-SearchBox&ie=&oe=

Naviance can be used through high school and will become a valuable tool for both students and families! Students can log on using their school username and password! Students have completed the Strength Explorer and set a personal goal in class. Ask your student to log on and show you the strengths they found and the report generated for them.

2018 BARCELONA AND PARIS SPRING BREAK TRIP

Attention 8th Grade parents:

We are now accepting enrollment for next year's eighth grade Europe trip to Barcelona and Paris. During Spring Break 2018, we will depart on March 9th and return March 17th. Below is a link to our travel site, EF Tours, where you will find our itinerary and enrollment access. Feel free to contact our trip sponsor, Joy Mandeville, for more information.

Email: joy.mandeville@d51schools.org Website: http://www.eftours.com/tour-website/1930295JS

2018 WASHINGTON D.C. TRIP INFORMATION

Is your 8th grade student interested in going to

Washington DC and Williamsburg VA June 5-9th, 2018?

Register today! (You or your child did not need to attend parent meeting to register)

Three ways to register your child:

1. Online - go to www.worldstrides.org/register. Trip ID: 143826
2. By phone - contact World Strides' Customer Service Team at 1-800-468-5899.
3. By mail - send in the Registration Form found in the envelope in your Registration Packet.

If you have financial concerns, World Strides has information on a number of need and merit-based scholarships on their website.

Families with an annual adjusted gross income up to $85,000 are invited to complete a confidential, easy application and may qualify to receive FLAG financial assistance.

Call WorldStrides Customer Service at 1-800-468-5899 to apply for FLAG today! Funds are limited!

I strongly encourage you to register your child for this *amazing educational experience*. If you have any more questions, please feel free to respond to the email listed below. Your child will love the experience in Washington, D.C. and Williamsburg, VA!

Sincerely,

Gwen Eller

Gwen.Eller@d51schools.org

BACK TO SCHOOL IS COOL!

What an exciting time of year with fall right around the corner, cooler evenings starting to take hold, and of course, students returning to the halls of learning!

We thought it would be helpful to give parents some tips to get students back in the swing of school routines. We humans are creatures of habit, and it can be difficult to reestablish habits we haven't used for the past several months. Remember, stick with it, ease into the changes and before long it will be time for the Holiday Break!

Smooth Transitions

- Regardless of your child's age, talk about back to school and all that it involves. Discuss the new things they are encountering by asking what their favorite and least favorite parts of the day were. If kids are reluctant to share this with you, begin the conversation by telling them about *your* day.
- If children express fears or experience conflicts at school, don't rush in to fix their problems. Instead, foster their problem-solving skills by asking questions like, 'What do you think you can do about that?' Then list a few ideas with your child, and have him or her try one. Help your child assess the results and try another solution if need be. These problem-solving skills will last your child a lifetime.
- Time management skills come easier when practiced. Make a habit of getting clothes and lunches ready the night before. This saves time in the morning when everyone is tired and pressed for time.
- Establish good sleep routines. Insufficient sleep is associated with lower academic achievement in middle school, high school and college, as well as higher rates of absenteeism and tardiness. The optimal amount of sleep for middle school children is between 8 and 10 hours per night. If kids aren't ready for sleep when you are, allowing them to have quiet time in their rooms (without electronics) is recommended.

Stress-Free Homework Time

One way to create more order and harmony in your home is by helping your child develop good homework and study habits. While challenging, it will be worth it in the long run when your child doesn't ask you at the last minute to help him or her finish a project! Here are some tips for homework and study time:

- Make a rule in your home that the television and other 'leisure-time' electronics stay off during homework time. (This includes your own devices!)
- Create a space for children to do their homework that is quiet and without distractions.
- Build time for homework into your child's schedule, especially when choosing after-school activities for him or her.
- Some children may need help remembering their assignments. Work with your child and his or her teacher to develop a system to keep track of assignments--such as an assignment notebook.

Remember that you are your child's first and most important role model. As you establish healthy habits, your child will generally follow suit, leading to a calmer, more relaxed home atmosphere.

As always, our Counselors and Behavior Therapist are available to help should you need further assistance with any challenges associated with getting children back in the swing of school.

For more information:

http://www.sparkpe.org/blog/8-essential-back-to-school-tips-for-parents/
https://www.healthychildren.org/English/news/Pages/Back-to-School-Tips.aspx
http://www.scholastic.com/parents/resources/article/back-to-school/dealing-back-to-school-jitters

GOALS PROGRAM

GET OUTSIDE & LEARN SOMETHING

Join the GOALS program to take a wilderness rafting

and camping adventure on the Green River in June 2018.

****GOALS is not an officially sponsored school trip.****

GOALS expeditions are designed for students in 6th, 7th, and 8th grades.

Summer 2018 Adventure:

Projected launch date between June 9th and June 16th.

These wilderness expeditions last between 4 to 7 days.

Join us on an outdoor adventure that you will never forget!

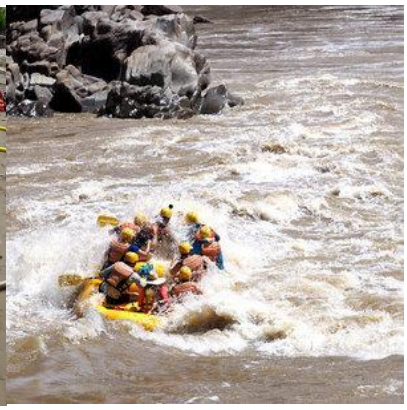
Parent and Student Informational Meeting:

Tuesday October, 10th

5:30-6:30 P.M.

RMS Library

For more information, contact Mr. or Mrs. Fifer at RMS, 970-254-7000.



2018 HAWAIIAN DISCOVERY FIELD TRIP

Aloha!

Announcing the 2018 Hawaiian Discovery Field Trip. You are invited to attend an FYI meeting on Tuesday, August 29 at 6:00 PM in the cafeteria. It is the same agenda for the meeting last spring.

The Trip is a 9 – day learning adventure which allows students the opportunity to *experience* Hawaii from a scientific perspective. The Big Island provides an ideal setting for students to *discover* firsthand the dynamic interaction of sun, sea, and volcano which created a diverse collection of tropical ecosystems.

It is an academic trip. Lessons are conducted on an on-going basis as we encounter various aspects of terrestrial ecosystem biology, geology, marine biology, and other related science topics. In addition, the cultural history of Hawaii is a natural extension of the coursework.

We camp the entire trip at county and National Park campgrounds. Students are responsible for all of the camping skills – pitching tents, cooking meals on a backpack –style stove, etc.

The trip is open to **next year's 8th** graders and students from other schools may apply. It costs $2475 (additional costs may include purchasing items like snorkeling gear and some camping gear). $300 non-refundable deposits and applications are required. Space is limited.

A hui hou!

Brad Loucks 254-7000 bradley.Loucks@d51schools.org

2018 Itinerary (Proposed)

Tuesday, May 29
Flight to Keahoole (Kona)
Drive to Hookena Beach Park -Set up camp

Wednesday, May 30
South Point/Green Sand Beach Hike
Move to Punaluu Beach Park
Swim @ Punaluu black sand beach

Thursday, May 31
Move to Namakani Paio Campground
Keahou Bird Conservation Center
Volcano National Park
Kilauea Iki/Thurston Lava Tube Hike
Lava viewing hike

Friday, June 1
Kaumana Caves
Akaka Falls State Park
Arrive Laupahoehoe County Park

Saturday, June 2
Kohala Peninsula Tour
Makaiwa Bay snorkel/swim/sun/fun

Sunday, June 3
Snorkel at Kahaluu
Afternoon at Hapuna Beach - Swim/surf/sun/fun
Sunset Barbeque at Spencer Beach Park

Monday, June 4
Natural Energy Lab Tide Pools
Captain Zodiac - Snorkel Kealakakua Bay
Kailua-Kona - Shopping/Dinner

Tuesday, June 5
Tour Puuhonua Ohonaunau National Park
Snorkel Honaunau Bay
Coffee farm tour
Luau

Wednesday, June 6
Pack up / Complete journals
Hapuna Beach
Flight to Mainland

Thursday, June 7
Return Home

RMS ARTISTS

8th Clay Slad Box

Jonathan Balding

Rachel Gardner

Sarah Chamberlain

7thGrade Clay Coil Pots

Cody Wright

Anna Paul

Sophia Watson

6thGrade Clay pinch pots

Vanson Atkins

Corban Atwood

Grant Balzer

THANK YOU to our Student of the Month Sponsors!!!